

**HAVE-A-HEART JUNIORS HELPING SENIORS DELIVER VALENTINE'S DAY  
HEART SAFETY AND A HUG**

***Elementary Students Distribute Phones For Life Free "9-1-1" Emergency Cell Phones***

**Have-A-Heart Elementary Students, ages 8-11, give Glendale seniors a hug and a Heart-Safe Valentines Day as they distribute free emergency "9-1-1" Phones for Life cell phones at the Sparr Heights Community Center, 1613 Glencoe Way Glendale CA from 11:30am -12:15pm.**

The Have-A-Heart juniors helping seniors will spread Valentine hugs and care and will assist interested seniors in applying for Phones for Life Phones With ICE Minutes – prepaid minutes to allow so that seniors can use their Phones for Life cell phones programmed with “In Case of Emergency” numbers to reach other their personal doctor, hospital system or individual care providers in the event they experience early warning signs of a Heart Attack, cardiac problems or other or other emergency situations.

Phones For Life used cell phones are programmed for one-button, free, emergency “9-1-1” emergency access calls to the local 9-1-1 emergency responder. “ICE’d” phones are pre-programmed for each specific senior with the several emergency phone numbers such as their doctor, care provider or child. ICE numbers allow any emergency responder such as fire, EMT or police to press ICE-1, ICE-2 and ICE-3 numbers to reach the individuals most knowledgeable or responsible for that specific senior. Phones with ICE Minutes also allows seniors to initiate calls to their ICE numbers without having to pay a cell phone service provider or plan.

“ICE’d Phones for Life allow our seniors to have the comfort of reaching the person or provide who knows them best and may be able to help them before an emergency becomes acute and necessary to dial “9-1-1”, states ***Emergency Medicine Doctor Dee M L'Archeveque MD FACEP, CEO and Founder Of Phones For Life.*** “This Valentines Day we are showing our Seniors how much we care for their well being. We know that seniors increase their physical and social activity in the community when they have a sense of security with a Phones for Life in their pocket” Dr. L’Archeveque continued. “Research shows Phones for Life Seniors are healthier as they engage in routine physical and social interaction.”

Phones For Life, Inc. is a not-for-profit organization serving senior citizens 65 years and older, mainly retirees who live alone and are dependent on social security or have limited economic resources. Phones For Life cell phones provide free emergency 911 service to qualified applicants. For information about Phones For Life, or to donate phones or funds for phones or ICE minutes, visit [www.phones4life.org](http://www.phones4life.org).

**WHO:** Have-A-Heart Students Give Seniors A Heart-Safe Valentines Day  
**WHAT:** Free Emergency “9-1-1” Phones for Life  
**WHERE:** Sparr Heights Community Center (818) 548-2187  
1613 Glencoe Way, Glendale 91208  
**WHEN:** Tuesday, February 14, 2006  
11:30 am – 12:15 pm

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